

## OUR MISSION, OUR HISTORY

*Regional Network of Programs, Inc. (RNP)* is a private, non-profit behavioral health provider serving Connecticut. Its primary mission is to serve the economically disadvantaged / afflicted person by using a variety of individualized and diversified approaches to person-centered care.

Founded in 1972, RNP has grown to meet the needs of the community. RNP employs a highly trained, diverse and qualified staff of professionals to provide substance abuse treatment, case management for the mentally impaired and homeless at numerous locations in Connecticut. All services are based on a Recovery Model of Care which individualizes treatment to support and encourage an individual's recovery and increased stability.

Today, the Organization's scope of services provide a continuum of care in the following areas: medication-assisted treatment, individual and group drug and alcohol counseling, substance abuse and mental health education, information and referral, a variety of counseling programs for youth and adults; facilities for individuals recovering from psychiatric disorders and a wide range of housing options for the homeless.



### Huntington House

74 Huntington Road, Bridgeport, CT  
Tel: 203.366.7012 Fax: 384.6279

### Iranistan House

964 Iranistan Avenue, Bridgeport, CT  
Tel: 203.367.0025 Fax: 337.6239

### Supervised Apartments

1549 Fairfield Avenue, Bridgeport, CT  
Tel: 203.337.8180 Fax: 337.8183

### Center for Human Services

2 Research Drive, Stratford, CT  
Tel: 203.386.8802 Fax: 386.8369

### Kinsella Treatment Center & Detoxification

1438 Park Avenue, Bridgeport, CT  
Tel: 203.335.2173 Fax: 333.0754

### Horizons

1635 Fairfield Avenue, Bridgeport, CT  
Tel: 203.333.3518 Fax: 382.5589

### Prospect House Shelter

392 Prospect Street, Bridgeport, CT  
Tel: 203.576.9041 Fax: 334.7798

### New Prospects

392 Prospect Street, Bridgeport, CT  
Tel: 203.610.6252 Fax: 610.6332

### Seaview Apartments

1826 Seaview Avenue, Bridgeport, CT  
Tel: 203.610.8296 Fax: 394.8720

### Regional Counseling Services

480 Bond Street, Bridgeport, CT  
Tel: 203.366.5817 Fax: 394.6790

### RCS Annex & Regional Adolescent Program

1549 Fairfield Avenue, Bridgeport, CT  
Tel: 203.333.4105 Fax: 331.4740

### Monroe Builds Communication

Masuk High School, Monroe, CT  
Tel: 203.452.5823 Fax: 452.5835



# Regional Network of Programs, Inc.



## **Regional Counseling Services Adult Outpatient Services**

*Main Office*

*480 Bond Street*

*Bridgeport, CT 06610*

*Tel: 203.366.5817*

*Fax: 203.394.6790*

*TTY: 203.225.0427*

*1.877.4.RNP.CARES*



*www.RegionalNetwork.org*

## INTERDISCIPLINARY TEAM

The interdisciplinary team has extensive experience in dealing with substance abuse, mental health, gambling and co-occurring disorder treatment issues.

### Referrals:

The clinic accepts walk-ins and referrals from other agencies such as DCF-Project Safe, Court Support Services and Federal and State probation.

Insurances: SAGA, Title 19, Husky A Bluecare and CHN. In addition, we have a sliding scale for clients without insurance benefits.

### PROGRAM SITES AND HOURS OF OPERATION

Regional Counseling Services has two sites located in Bridgeport.

480 Bond Street, Bridgeport, CT  
M,W, TH: 9a—9p  
T: 9a— 7:30p  
F: 9a—5p

RCS ANNEX  
1549 Fairfield Avenue, Bridgeport, CT  
M,W, TH: 9a—5p  
T: 9a— 7:30p  
F: 9a—5p

The hours are designed to accommodate a range of client schedules in an effort to make treatment easily accessible.

## TARGET POPULATION

Regional Counseling Services accepts men and women ages 18 and older with substance abuse only or mental health issues only as well as those with co-occurring issues.

## INTEGRATED CARE

Treatment services are focused on the provision of quality integrated care to address co-occurring substance and mental health issues.

### Services include:

- Case Management and assertive linkages to detox or long term inpatient services
- Educational programming comprised of lectures, videos and speakers with a specific focus on integrated care for substance abuse and mental health issues
- Crisis Intervention
- HIV information and referrals
- Alcohol and drug screening by urinalysis
- Continuing care through effective transition and discharge planning

Evidence-based treatments known to be effective for co-occurring integrated care are central to the services provided.

REGIONAL COUNSELING SERVICES is a CARF accredited, Department of Public Health licensed co-occurring clinic providing outpatient substance abuse and mental health services to adult men and women.

## TREATMENT SERVICES

Listed below are the components of our treatment services:

Substance Abuse Evaluations: Bio-psychosocial assessments that help form a holistic clinical picture of the client.

Mental Health Evaluations: Comprehensive mental health assessments completed by master's level clinicians.

Substance Abuse Treatment: Individual Therapy, Intensive Outpatient, Marijuana and Coping Skills Groups using evidence-based treatment.

Mental Health Treatment Offered through the services of an on-site psychiatrist and individual therapy with a clinician.

Counseling Services for Problem Gamblers: Treatment may include individual therapy and incorporates financial counseling.

Specialized groups such as Anger Management and groups with a co-occurring focus are developed based on need.

Treatment is offered to family members as well in the context of family therapy.