

OUR MISSION, OUR HISTORY

Regional Network of Programs, Inc. (RNP) is a private, non-profit behavioral health provider serving Connecticut. Its primary mission is to serve the economically disadvantaged / afflicted person by using a variety of individualized and diversified approaches to person-centered care.

Founded in 1972, RNP has grown to meet the needs of the community. RNP employs a highly trained, diverse and qualified staff of professionals to provide substance abuse treatment, case management for the mentally impaired and homeless at numerous locations in Connecticut. All services are based on a Recovery Model of Care which individualizes treatment to support and encourage an individual's recovery and increased stability.

Today, the Organization's scope of services provide a continuum of care in the following areas: medication-assisted treatment, individual and group drug and alcohol counseling, substance abuse and mental health education, information and referral, a variety of counseling programs for youth and adults; facilities for individuals recovering from psychiatric disorders and a wide range of housing options for the homeless.

Huntington House

74 Huntington Road, Bridgeport, CT
Tel: 203.366.7012 Fax: 384.6279

Iranistan House

964 Iranistan Avenue, Bridgeport, CT
Tel: 203.367.0025 Fax: 337.6239

Supervised Apartments

1549 Fairfield Avenue, Bridgeport, CT
Tel: 203.337.8180 Fax: 337.8183

Center for Human Services

2 Research Drive, Stratford, CT
Tel: 203.386.8802 Fax: 386.8369

Kinsella Treatment Center & Detoxification

1438 Park Avenue, Bridgeport, CT
Tel: 203.335.2173 Fax: 333.0754

Horizons

1635 Fairfield Avenue, Bridgeport, CT
Tel: 203.333.3518 Fax: 382.5589

Prospect House Shelter

392 Prospect Street, Bridgeport, CT
Tel: 203.576.9041 Fax: 334.7798

New Prospects

392 Prospect Street, Bridgeport, CT
Tel: 203.610.6252 Fax: 610.6332

Seaview Apartments

1826 Seaview Avenue, Bridgeport, CT
Tel: 203.610.8296 Fax: 394.6790

Regional Counseling Services

480 Bond Street, Bridgeport, CT
Tel: 203.366.5817 Fax: 394.8720

RCS Annex & Regional Adolescent Program

1549 Fairfield Avenue, Bridgeport, CT
Tel: 203.333.4105 Fax: 331.4740

Monroe Builds Communication

Masuk High School, Monroe, CT
Tel: 203.452.5823 Fax: 452.5835



Regional Network of Programs, Inc.



New Prospects

*392 Prospect Street
Bridgeport, CT 06604
Tel: 203.610.6252
Fax: 203.610.6332
TTY: 203.225.0427
1.877.4.RNP.CARES*



www.RegionalNetwork.org

PROGRAM OVERVIEW

New Prospects, a program of Regional Network of Programs, Inc., is uniquely positioned to offer gender-specific co-occurring enhanced intensive residential services to adult men and women. This 3.7 RE level of care is designed to provide services for individuals who are experiencing difficulties stabilizing their substance abuse and mental health issues and are in need of short-term treatment of approximately thirty (30) days.

REFERRALS

The program accepts referrals State-wide with exclusive funding provided by DMHAS in order to increase access to such necessary services and as a means to effectively address overflow experienced in emergency rooms and hospitals. All referrals will be deemed ATR II eligible at time of admission. Advanced Behavioral Health (ABH) will ensure appropriateness of the referral through utilization management upon admission for continued stays.

INTERDISCIPLINARY TEAM

A client-centered therapeutic atmosphere plus interdisciplinary team approach are central to the program. The treatment team is composed of counselors, clinical supervisors, nurses, consulting psychiatrists, a medical director and support staff. All clinical staff holds specific credentials and/or individuals with co-occurring issues.

TARGET POPULATION

New Prospects accepts men and women age eighteen and up whom are assess with high severity of substance use and low to moderate severity of mental health symptoms (Quadrant III) who may also require medication-assisted treatment support with Methadone or Suboxone®. Ten (10) beds are solely to accommodate women and ten (10) are solely to accommodate men. Individuals may be accepted if they indicate suicidal ideation without assessed means or a plan. The program may also accommodate those who present with severe and persistent mental health issues. Equal access to treatment is given for all persons in need of treatment regardless of race, ethnicity, gender, age, disability, sources of payment and sexual orientation. Priority access is provided for pregnant and postpartum women and persons with infectious diseases. Individuals in need of medical detoxification from substance dependency (particularly benzodiazepines or alcohol), shall be excluded from service until such time as stabilization is achieved.

*...providing behavioral health services
to the Connecticut community...*

INTEGRATED CARE SERVICES

Treatment services are focused on the provision of quality integrated care to address co-occurring substance abuse health issues.

Services include:

- Screening and comprehensive assessment
- Individual, group and couples/family counseling
- Case management and assertive linkages
- Concurrent medication-assisted treatment including methadone and Suboxone® (Buprenorphine) through RNP's Kinsella Treatment Center
- On-site psychiatric evaluation, prescription and medication monitoring
- Educational programming comprised of lectures, videos and speakers with specific focus on integrated care for substance abuse and mental health issues
- HIV/AIDS testing and counseling
- Crisis intervention
- Continuing care through effective transition and discharge planning
- On-site and local self-help groups
- Alcohol screening by breathalyzer and drug screening by urinalysis

Evidence-based treatments known to be effective for co-occurring integrated care are central to the services provided and include, but are not limited to the following: Co-occurring Disorders Treatment, Motivational Interviewing, Cognitive-behavioral Therapy, Dialectical Behavioral Therapy, psychopharmacological interventions, pharmacotherapy, Methadone, Suboxone®, Naltrexone, disulfiram), trauma-informed services: Seeking and Smoking Cessation among others.